

WESTWOOD COMMUNITY CHEST SELECTED RESOURCES

In addition to the aid provided by the Westwood Community Chest, financial assistance and other supports are offered by many area associations and businesses. Applicants are encouraged to explore these resources directly.

FOR EVERYONE

Westwood Food Pantry: New clients are asked to call Trish Tucke at the Council on Aging 781-329-8799 Monday- Friday from 12pm-4pm for more information. The food pantry is open to clients on an appointment basis from 8:30-10:30 a.m. on the first Tuesday of the month and the first Saturday of the month.

Westwood Youth and Family Services: 781.320.1006 for confidential counseling services, parenting groups and resources for children and families. <http://www.townhall.westwood.ma.us/yfs>

Westwood Community Outreach Department: Provides assistance with Fuel Assistance, Food Stamps and more. Call Karen Segreve at 781.329.8799 to schedule an appointment.

William James College Interface Referral Service: Provides referrals to mental health providers and information about local services. This service is open to all Westwood residents and employees and is available Monday – Friday, 9:00 AM – 5:00 PM. Call 888.244.6843 x1411

Neighbor Brigade: Establishes community-specific networks of volunteers that can be mobilized to help residents facing sudden crisis manage day-to-day tasks such as meal preparation, rides, and basic household chores. Visit www.neighborbrigade.org/WestwoodMA for more information.

Community Action Program (CAP): Offers fuel, call the "Heatline" 800.632.8175

Mass Energy Consumers Alliance: Offers discount heating oil program for any household, regardless of income, who wants to save on heating and electricity costs. 800.287.3950 or www.massenergy.org

Utilities: Call your provider directly as many offer discounts if you qualify for TAFDC, EAEDC, Food Stamp benefits, MassHealth, SSI, Fuel Assistance, or if your child is in the School Lunch Program or Head Start.

Veterans Services and Assistance: Veterans Services in Westwood contact is Paula Scoble 781 320-1008 or pscoble@townhall.westwood.ma.us.

Food Stamp Benefits Massachusetts: www.mass.gov/snap or call 866.950.3663

Mass Health: 1-800.841.2900 members may be able to get doctor visits, prescription drugs, hospital stays, and many other important services. www.mass.gov/MassHealth for additional resources

FOR FAMILIES WITH CHILDREN

Free and Reduced School Lunches: Heath Petracca 781.326.7500 X1304

Waivers for fees: For activities, high school athletics, kindergarten tuition, and transportation – Ann Brown 781.326.7500 X 1341

In-town sports: Contact the organization in which you are interested for information regarding scholarships/fee waivers:

- Soccer: www.westwoodsoccer.org
- Baseball: www.westwoodlittleleague.org
- Pop Warner Football/Cheerleading: www.westwoodpopwarner.com
- Boys Lacrosse: www.westwoodyouthlacrosse.com
- Girls Lacrosse: www.westwoodyouthlacrosse.com
- Hockey: www.wyh.org
- Basketball: www.westwoodbasketball.org

Westwood Early Childhood Council: Contact Janet Lucey 781.461.9548 or jlucey@westwood.k12.ma.us for free programs and activities for moms and infants, toddlers, and preschool-age children (use voice mail to register 14 calendar days in advance for each activity)

Holiday Gift Program: Contact Westwood Youth & Family Services at 781.320.1006 for confidential help with presents for children 4-18 years old for the holidays.

Camps: Many camps offer scholarships but deadlines must be met. The following camps have traditionally offered full and partial scholarships to families in need. You must contact the camp directly.

- Hale Reservation, Westwood, MA 781.326.1770, Deadline in March
- Sarah Behn Basketball Camp, Foxboro, Deadline in February
- Westwood Recreation – www.townhall.westwood.ma.us

FOR SENIORS

Westwood Council on Aging: Provides assistance with Fuel Assistance, Food Stamps, Homestead Declarations, Health Care Proxies, Transportation services and home visits. Call Karen Segreve at 781-355-8105.

Meals on wheels: For seniors who cannot leave their homes call Hessco Elder Services at 781-784-4944 and ask for Nutrition Department.

Daily meals at the Senior Center: 12:00 noon Monday through Friday. Reservations must be made 48 hours in advance, 781.329.6514. The donation of each meal is \$2.50.

Transportation: The Council on Aging has a van to assist with food shopping, trips to the senior center, medical appointments, town and social events. Call the Council at 781-329-8799 for more information.

SHINE: (**Serving Health Information Needs of Elders**) Provides information on various insurance issues. The COA has a SHINE counselor available on the first Tuesday of each month to discuss health insurance issues. Call 781-329-8799 to schedule an appointment.